



## Patient History (Initial Evaluation - Dizziness)

**Patient Name:**

**Age:**

Joint Pain? Y / N  
back if needed? Y / N

Neck Pain? Y / N

Back Pain? Y / N

Ability to lay on

### Past Medical History

Heart Conditions

Stroke: any residual  
effects?

Cancer

History of infection

Hypotension

High Cholesterol

MS- Multiple Sclerosis

Osteoporosis

Falls

High Blood Pressure

Diabetes

Headaches or migraines

Recent antibiotic use

Head trauma

Other medical issues:

### Have you currently been experiencing unexplained:

Abnormal fatigue

Poor coordination

Bowel or bladder

Shortness of breath

Unexplained weight

difficulty

Slurred speech

loss/gain

Passed out recently or

Difficulty swallowing

Unexplained

lost consciousness

Blurred vision

weakness/loss of

Double vision

strength in arms and legs

Numbness/tingling

**Hearing loss?** Y / N

**Side?** Right / Left

**Tinnitus/Ringing in ears:** Right /

Left

Has the loss been gradual or sudden?

Hearing test (Audiogram) done recently? Y / N

Date (approximate):

### Medical Tests

MRI

CT scan

Smoke? Y / N

Drink? Y / N

### History of current issue

Date of onset:

What were you doing when it came on?

**Specific symptoms of first episode:**

Vertigo (spinning)  
out)

Imbalanced (unsteadiness)

Faint (lightheaded/ pass out)

Spontaneous (nothing you can do will trigger it) Or is it brought on by positional or nonspecific head movements?

**Worse with?**

Laying down in bed

Looking side to side

Moving head back

Sitting up in bed

Standing up quickly

Rolling over in bed R / L

Bending forward

**How long did your episode last?**

Seconds

Minutes

Hours

Days

Weeks

**Any other symptoms that come along with dizziness?**

Nausea

Loss of balance

Headache

Visual loss

Sensory disturbances

Falls

Vomiting

Bouncing images

Double vision

Difficulty Swallowing

Limb incoordination

Hiccups

What relieves your symptoms?

Does sneezing, coughing, holding your breath or specific sounds exacerbate your dizziness?

Associated sensitivity to lights, sounds or odors with your dizziness? Hormonally triggered? Headaches?

Is your dizziness recurring?

How often does an episode recur?

Duration of recurrences?

Improving / worse / same?

Prior treatment?